



Cooking

Dates:
Oct: 17, 24
Nov: 7, 14, 28
Dec: 5

FREE cooking and nutrition series

Join CCE nutrition educators as we try popular recipes from different regions of the United States.

Student/adult teams will have fun measuring, mixing, chopping, cooking, and tasting their way to great health.

Attend 6 sessions and receive free gift bag



Time: 5:00 PM - 6:30PM
Location: Stamford Central School

Contact: Patricia Voorhees
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Sign up is required