



# Cooking

**Dates:**  
Oct: 26  
Nov: 2, 9, 16, 30  
Dec: 7

**Time: 5:30 PM - 7PM**  
**Location: VIRTUAL**

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**Sign up is required**

**FREE cooking and nutrition series**

Join CCE nutrition educators as we try popular recipes from different regions of the United States.

Student/adult teams will have fun measuring, mixing, chopping, cooking, and tasting their way to great health.

Attend 6 sessions and receive free gift bag

