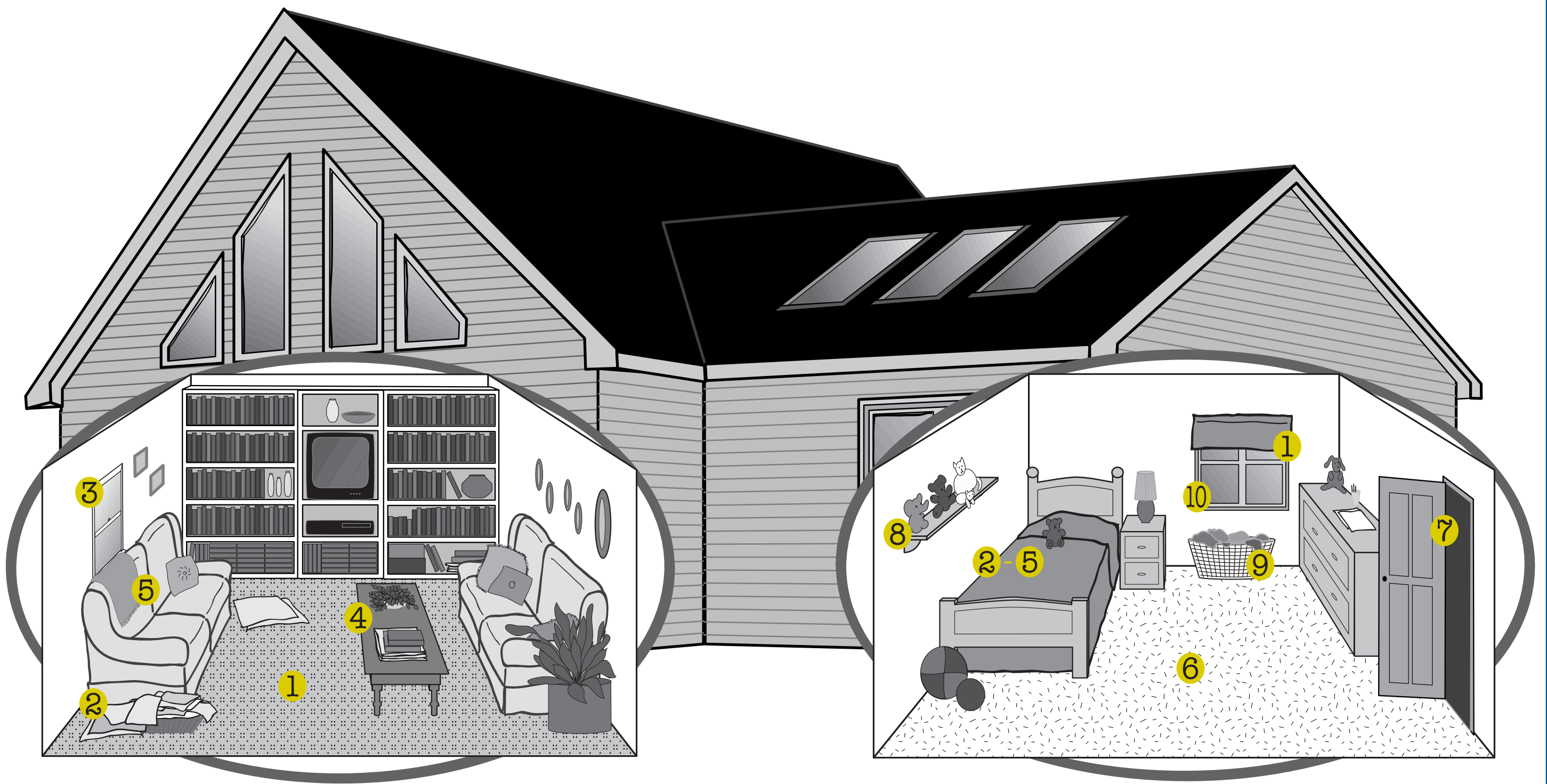


Warmth + Moisture + Skin (or animal dander) =
DUST MITES



Living Room

- ① Carpets not vacuumed with an upright vacuum or a canister style with a power nozzle, and/or with a HEPA filter (bags not changed when half full, thereby decreasing the efficiency of the suction power)
- ② Clutter build up
- ③ Dusty window sills and frames
- ④ Furniture dusted with a dry cloth which can scratch and dull the finish
- ⑤ Draperies, upholstery, and slipcovers not vacuumed and cleaned regularly

Bedroom

- ① Dust build up on blinds, curtains and furniture
- ② Bedding not washed and changed weekly
- ③ Blankets, comforters, mattress pads and bedspreads not washed monthly
- ④ Mattress not cleaned or vacuumed regularly
- ⑤ Lack of dust mite-proof pillows and mattress covers
- ⑥ Carpeting not vacuumed, or flooring not wet mopped weekly
- ⑦ Closet door left open
- ⑧ Children's stuffed animals or other toys kept in the same room
- ⑨ Washed bedding not dried thoroughly
- ⑩ Dusty, dirty window sills and frames